

### TROOP 314 NEWS

### **July 2019 AD**

For More Pictures, calendar and past newsletter copies Troop 314 website, URL is: <a href="http://www.troop314ocbsa.scoutlander.com">http://www.troop314ocbsa.scoutlander.com</a>

BSA Troop 314 - Orange Frontier District Westminster, (Midway City) California

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Troop Calendar
Sasquatch's "leave no trace"
Tips for Scouts
Upcoming Events + Trail Food



+And Much More - Newsletter contains numerous links to click for more information!

Contact Editor at: t314news@live.com

Sponsored by: Albert E. Schwab American Legion Post 555 (Midway City)

### BSA Troop 314 Events Completed in June 2019:

- Saturday June 8<sup>th</sup> bike ride starting at Oak Knoll Park
- June 18<sup>th</sup> Cooked pigs in a blanket.
- June 23<sup>rd</sup> Combo Bike trip to Corona del Mar and Homework Burn. Truman and Timothy rode 28 miles to get to get to beach!
- June 25<sup>th</sup> Court of Honor Advancement.

# Get Your Calendars out and mark these dates!

**BSA Troop 314 Events for July 2019** 

Theme of month is Astronomy

2<sup>th</sup> PLC - Completed! Timothy, SPL presiding

7th to 13th Summer Camp @ Lost Valley Summer Camp Lost Valley

We are camping with Scouts from Troop 4 at Lost Valley.

XX Troop Service Project: Painting over graffiti at Post 555 date and time TBD.

11<sup>th</sup> Orange Frontier District Scouters' Roundtable

**7:30 PM** Roundtable is longer held at the LDS church. It is now held at

Boys and Girls Club of Cypress 10161 Moody St, Cypress, CA

(2nd Thursday each month)

no

16<sup>th</sup> – No Post Summer Camp Meeting. (Will do bike rides instead).

23<sup>rd</sup> Troop 314 Meeting American Legion Post 555 Starting at 6:30PM > Constellations

30<sup>th</sup> Troop 314 Meeting American Legion Post 555 Starting at 6:30PM > Telescopes

### **COMING EVENTS:**

August Theme: Swimming!



"The real way to gain happiness is to give it to others."

- Sir Robert Baden-Powell

# Troop 314 Leadership Changes (Start August 2019):

• Senior Patrol Leader: Truman

Assistant Senior Patrol Leader: Ryan

Quartermaster: Timothy

**Troop 314 Towers Above!** 



### **Troop 314 Meeting Notes**

- First meeting of Month is time for Committee Chair Parents Meeting.
- The Second Tuesday is usual time for Scoutmaster Conferences.
- The Third Tuesday meeting includes Board of Reviews for Rank Advancement when not a COH.
- Fourth Tuesday could be for Patrol meetings if you are able to get the Scoutmaster to come early or close late.
- \*\* Usually no meetings are usually held on 5<sup>th</sup> Tuesday. These are saved for Fundraisers, (eating out) or special meetings at interesting locations.

**Court of Honor is** held 4 times a year, every 3 months – usually the last Scout meeting of month (except December). In **March** and **September COH** Scouts are honored for their rank advancements with a candle lighting ceremony and parents are given pins.

In **June** and **December**, **our COH** does not have candles and rank advancement pins for parents, but we add a potluck dinner in June – (Optional potluck in Dec.).



### **Scout Slogan**

Do a good turn daily

### **Contact Information Link**

Please update your contact information as needed.

https://docs.google.com/spreadsheets/d/1ALgJqXiwYHBrTZ8xf7AuGKqIJv6FxyLLXZP3NjuVFk/edit?usp =sharing

### The Outdoor Code

As an American, I will do my best to -

Be clean in my outdoor manners. Be careful with fire.

Be considerate in the outdoors.

Be conservation minded



### Here is the updated calendar link:

https://docs.google.com/document/d/1xC1YQ139TopI7ACLiNrMHGAQHsn8S0Ak6TLk2I\_0IU/edit?usp=sharing





### **Updated Activity / Camping sign-up link:**

https://docs.google.com/spreadsheets/d/1yfH9Mc0LAt647ZVNaBMBK ZaZC9gF5Y2-frHx7YnKtHs/edit?usp=sharing

### **Scout Oath**

On my honor, I will do my best To do my duty to God and my country and to obey the Scout Law;

To help other people at all times;

To keep myself physically strong, mentally awake and morally straight.

### Scout in Charge/Scout Leader Planning Sheet

This is the link to the planning document.

http://troopleader.org/wpcontent/uploads/2016/03/512-505\_16\_Wksht\_WEB.pdf

Please plan to use it when you are the assigned Scout in Charge of an Activity.





### **TROOP 314 WEBSITE URL is:**

### www.troop314ocbsa.scoutlander.com

Boy Scout Troop 314 (Midway City, California) Homepage www.troop314ocbsa.scoutlander.com/ ▼

You have found the home page of. Troop 314 of. Midway City, California. Sponsor by. American Legion Albert E. Schwab Post 555. 14582 Beach Blvd.



### Orange Frontier District Website Link

http://orangefrontier.ocbsa.org/



It's the spirit within, not the veneer without, that makes a man."

- Sir Robert Baden-Powell





TRUSTWORTHY LOYAL HELPFUL FRIENDLY COURTEOUS KIND

WORDS to live by

OREDIENT CHEERFUL THRIFTY BRAVE CLEAN REVERENT



### Strawberry-Banana Milkshake



Dried banana slices get soft and partially break down when rehydrated and shaken vigorously. Banana leather disintegrates completely. Either way, dried banana makes a thick, sweet milkshake. The longer you let bananas soak – preferably in an insulated Thermos Food Jar – the thicker your milkshake will turn out. Make a shake overnight to enjoy it for breakfast, or load up the thermos after breakfast or lunch to enjoy a cold shake a few hours later on the trail.

Servings: 1 large

### **Ingredients:**

- 2½ Tbsp powdered milk (18 g)\*
- 2½ Tbsp powdered strawberries (18 g) \*\*
- ¾ cup dried banana pieces or banana leather (45 g)

2½ cups cold water needed to rehydrate. (590 ml)

\* Milk powder is highly recommended, but may be omitted. \*\* Variations: Try blueberry and peach powders, too.

#### At Home:

Pack dried bananas/banana leather and strawberry powder in a small plastic bag. Pack milk powder separately. If you plan to serve the shake in separate cups for two people, you might want to pack the strawberry powder separately. That way you can sprinkle a little colorful berry powder on top.

#### On the Trail:

Combine all ingredients with 2½ cups of cold, filtered water in a container with a secure lid. If serving within thirty minutes, shake vigorously several times. The quantities listed in this recipe are perfect to fill a 24-ounce Thermos Food Jar, while allowing space for the shaking action. If you use banana slices, some pieces will remain in the shake, but they will be very soft and tasty. Banana leather will completely dissolve, so your shake will be even thicker. Due to the effect of banana oxidation, combined with the dark pigments of berry powder, expect the color of the shake to be light-brown.

#### <u>Is Dehydrating Fruit Powder Worth the Effort?</u>

Maybe not. It takes a few seconds to grind fruit leather into powder, but then you have a blender to clean. Storing fruit powders means you'll need to use more plastic bags or jars, which take up space. On the positive side, the concentrated flavors and bright colors of berry powders make them great toppings for oatmeal, milkshakes, and desserts. Berry-Banana Leather: Great Milkshakes in Less Time

A simpler solution: Instead of making berry powders separately, blend whole berries and bananas into one leather. Try a ratio of one-third berries and two-thirds bananas. Spread one cup of the blended mixture on each Excalibur Dehydrator tray.

### One Large Milkshake:

- 1 cup berry-banana leather (60 g)
- 2½ Tbsp. powdered milk

Rehydrate with 2½ cups cold, filtered water.

Shake vigorously several times. Wait at least thirty minutes for best results, or prepare several hours in advance using a Thermos Food Jar.

- Backpacking Chef Glenn

Recipes\_for\_Adventure@backpackingchef.com





# The Troop can help you do something you always wanted to do!

Scouts – You have the Power to make some serious fun happen!

Talk to Scoutmaster or your SPL to get the ball rolling on one of these great activities, and while you are at it - step up to be Scout in Charge.

## Troop / Family Activities are only limited by your imagination:

Archery
Fishing – Pier or boat
Beach party / Homework Burn
Bowling
Rock Climbing
Go Cart Racing (Family)
Glider Rides @ Warner Springs
Hiking Trips
Backpacking - Hike in camp.

Sled / Mountain Snow Day. Ski / Snowboard Trip Laser Tag (Family) **Air Soft Games** (Family) Paint Ball / Airsoft (Family) **Shooting Range** (Famiy) **Shooting BLM land Calico Ghost Town Baseball Game** Gold Prospecting / Gold Camp Swim - Pool / Beach Scuba **Snorkeling / Beach Trip** White water rafting **Canoe River Trip Annual Mistletoe Trip Kayaking** Picnic / BBQ Museums















### **Order of the Arrow Wiatava Lodge** (#39) Santee Chapter

A Santee Chapter Meeting is held every 3rd Thursday of the month at 7:00pm at Holy

Cross Lutheran Church







Psalm 147:3

He heals the brokenhearted and binds up their wounds





## TROOP 314: TOWER ABOVE THE REST!

To get a copy of the most current Newsletter or for more information about Troop 314 send me a note at T314news@live.com Thanks, Mr. Pearson

The Troop 314 website, URL is: http://www.troop314ocbsa.scoutlander.com

Troop 314 Scoutmaster: Richard Marubayashi rmarubayashi@socal.rr.com



